

SOME OF OUR SUCCESSES

Ollie Army

Participated in an outdoor therapeutic adventure retreat on Rio Chama in New Mexico

SDP's grant provided assistance with transportation and lodging.

"In a world that sees you as an option, make yourself a priority. Take care of yourself first".

Graciela Army and Navy

Participated in Ms. Veteran America Competition

SDP's grant provided assistance with transportation and lodging.

"The grant has enabled me to have personal healing and personal growth, but more importantly reconnecting with my sister veterans and having an opportunity of a lifetime".

Diona Army

Participated in Warriors on Cataract White Water Rafting Retreat

SDP's grant provided assistance with kenneling her dog while she was away.

"I experienced courage, I had to lean on other people and myself. Without the grant, I would not have had anywhere to house my dog and I would not have been able to go on the retreat."

P.J. Marine Corps

Participates in Stateside Warriors Brazilian Jiu Jitsu classes

SDP grant provided equipment for the program.

"These classes have allowed me to not try to muscle things and that is actually translating into the real world, it has given me a little bit of a longer fuse and allows me to have more patience with situations that normally set me off."

Beckett Marine Corps

Participates in Horse Rhythm Foundation

"Spending time with the horses is very therapeutic."

Shannan Army

Participates in Creative Drill Sergeants

"My future goals for how I will be utilizing this training, I really believe the sky is the limit."

Rose Marine Corps

Participated in Operation Restoring Veteran Hope weekend retreat

"I had the most amazing experience, I am anxiety free, I have not been anxiety free for many years."

Andrew Marine Corps

Founder of Operation Shockwave

"This money will go towards our mission to seek out and train Veterans who are willing to spread a message of life and hope to our community and be a battle buddy to struggling warriors."



**STOP DROP & PUSH
CAMPAIGN**

StopDropPush.org

FOR MORE INFO

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